



# At Home Golf Activities

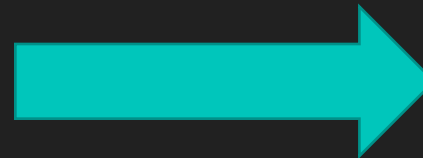
By: First Tee of Omaha

# Book Path

**Materials:** Two large books, putter, golf balls, tape/target

**Instructions:** Set the books on a level surface and put them putter head distance apart. Put your putter head in-between the books and pull it back and throw going from toe to toe. Once you feel comfortable doing practice swings put a golf ball in the middle and practice hitting to a target.

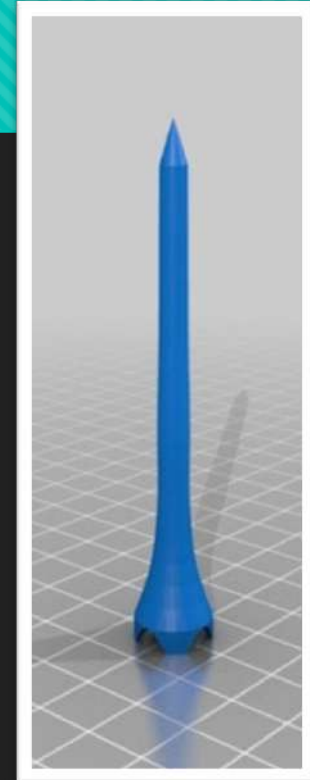
Video on how it should be set up



# Putting to a Tee

**Materials:** Golf tee, putter, golf balls

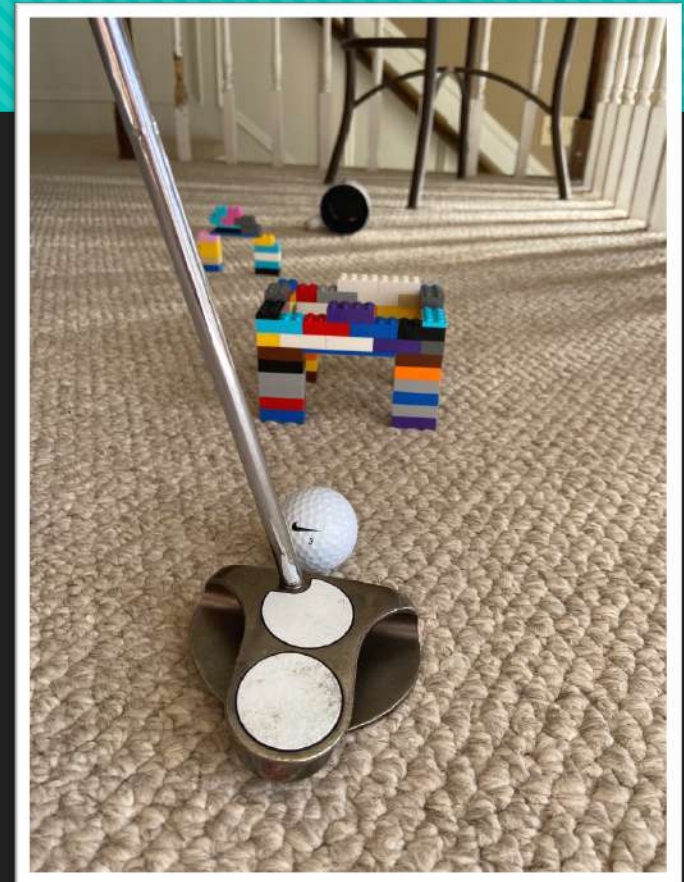
**Instructions:** Set up a tee upside down at your desired distance and try and knock it down. Preferably starting at 3 feet and back it up once you feel comfortable. You can challenge other people to a contest to see who can either knock down the most tees at that distance. If it's farther putt then see who can knock the tee down first.



# LEGO Putt-Putt

**Materials:** LEGO blocks, putter, golf ball

**Instructions:** Create your very own putt-putt course through the house by making obstacles with LEGOs. They can either be a block you have to putt around or a bridge you putt under. Let your imagination go wild!





# Tic Tac Toe Chipping/ Putting

**Materials for chipping:** 4 alignment sticks/ yard sticks, 8 golf balls, wedge

**Materials for putting:** 4 pieces of yarn, 8 golf balls, putter

**Instructions:** Create a tic tac toe board out of either the alignment sticks or yarn. Take turns chipping or putting to a box and try and get three in a row. First person to get three in a row wins.



# 1,2,3 Putting or Chipping

**Materials :** paper/ paper plates, marker, golf balls, putter or wedge

**Instructions:** Cut out or set up paper plates that are numbered 1-3. Place each one a foot away from each other. For putting stand 3 ft away and chipping stand 5ft from the number one and putt/chip to each circle. You will want to make the ball stay on the circle. Once you can do that 3 time in a row go to the next circle while standing in the same spot. Once you get to three then move back down to one still getting having three stay in a row.

